

Stuff to go over at KP/CC Meetings

Chaos Control roles at Festival that require NV

Sunday take down (resource people pop up!)

Stage security & the need for speed

Entertainers tent: food & vibes for performers only

Roving: recycling, customer relations, responding/not responding, nurse & suckle the communications net, revel in it all!

Sleeping overnight: sign up in advance, close down the Quad, wake to a new day

Explain WHY we do the things we do, such as dog leashes

Guides for Peacekeeping at the Festival

Tell people where the Karma Dome is. Go to the Karma Dome when you are loose or ended. Refer lengthy questions there as well

Always work with a partner

The Chaos Control/Karma Patrol is a sophisticated system to gather & distribute information, direct resources, & shape fun

You will meet resource people/old CCers/family of WEF during the Festival, so be aware that they may pop up.

We work WITH the UCD Police, and they usually prefer to let us handle situations

Let CC Directors know what's happening!

Know when to put things in perspective, and observe and not freak out

Take care of yourself!

Nonviolence Agenda 2005

12:00 noon: Welcome *Time: 10 minutes*

Facilitator introductions — our experience at this. Appoint a timekeeper, and announce the planned time for each section.

State the obvious: this is a WEF non-violence meeting. Introduce CC Directors. Read the agenda with the attached timeline. Emphasis that today we'll focus on the conflicts, not the 95% funtime we have at the Festival. Emphasis the positive – this way of life improves everyday communication, so that there is less conflict in the first place, and when there is conflict, you're more naturally inclined to resolve it win-win.

Small Groups - intro—*Time: 10-20 minutes*

Personal intros. Share an embarrassing fact about themselves. A magical experience. Or count off and break into twos or small groups. Some examples: have them chat, and learn something about the other. Have them intro their new friend to group. Have them tell a big lie about the new friend. Treasure Hunt – find something unique. Give them a problem to work on.

Intro --- explanations *Time: 10 minutes*

Truth rap — you should hear the “ring of truth” in what is said; if you don't, speak up, and let's review what we're talking about. Be true to your beliefs.

Power rap — define power. “power over” vs. “power between”; we can create power by working together: Ex. Gun=power over, red light=power between
 You are powerful- You have the power to make things good or to hurt
 Respect rap — respect the others in this workshop, but especially respect yourself, and the WEF crowd
 Assertive vs. Aggressive

History of NV *Time: 10 minutes*

NV is a lifestyle choice. Some have sacrificed greatly to advance NV. A deep impact on society

Group brainstorms images, phrases, examples of “what nonviolence means to me”

Woodstock (Wavy & Hog Farmers) - wasn't just a peaceful accident

Women’s movement for the right to vote

Gandhi & campaigns for Indian independence

Freedom movement in the Southern States

Peace movement against Vietnam (Buddist monks), Persian Gulf wars

Use historical examples to illustrate the ideas that emerge, illustrating these themes:

People can make power

Better resolutions from better-quality conflict

Contemporary or personal relevance of NV, e.g., today’s society and the media

Stand on the Line [Movement exercise] *Time: 15 minutes*

Fix two points as strongly agree & strongly disagree

Make statements, e.g., "Life should always be fun", "Litterbugs should be severely punished", "Drug use should be a personal issue, not a legal one", "People should be allowed to be nude at any time", "Nonviolent conflict resolution is passive". Maybe something involving UCD affairs? Affirmative Action? Codes relating to hate speech? Naughty Web sites? Shaving legs/underarms? Iraq war?

After each statement, ask one - three people why they are standing there. Remember that this is not a discussion exercise. Finish by noting the diversity of viewpoints, unexpected insights & agreements between those who are at different points on the line.

1:00 pm

Philosophy of NV and peacekeeping at the WEF *Time: 25 minutes*

Nonviolence is an attitude of respect and consciousness. This is something we all have in us. We need to figure how to bring it out. This is not just during WEF.

Working Assumptions reading and discussion

NV Responses to Personal Violence reading

Nonviolence Agreement reading, nod agreement, move on, unless questions

Treat people as you would like to be treated

Active listening – repeat what they say “Am I hearing you correctly?”

“I” messages, and avoiding personal attacks and sweeping generalities (“You always...”)

Attitude of respect and use of authority

Respecting The Shirt and accepting responsibility
 Communicate, and keep together with a buddy
 Seek agreement on things we do
 Be positive – “Walk, please” instead of “Don’t run!”
 Take care of yourself and others. **HAVE FUN!**

Skipping exercise- Explain philosophy of skipping *Time: 10 minutes*

Skip to a designated point and then skip, weaving circles to practice direction etc.

Body Language demonstration — *Time: 5 minutes*

Get everyone to stand up in a circle (Freeze) (Can prepare ringers)
 Highlight different stances & what they communicate
 Glances and the importance of eye contact — hats, dark glasses
 You get down to talk to, do hang back — don’t gang up
 High schoolers - don’t get intimidated because those people are “grown-ups”
 Boundaries: everyone’s is different. We need to respect, and be aware. Mistakes can lead to misjudgements, and unintended sexual harrasement. The physically disabled may have a different perception, such as a wheelchair persons considering their wheelchair as part of their bodies. Don’t tinker with their chairs without asking them. After becoming familiar, boundaries lessen.
 Even animals react to body languages.

Our Authority & how we exercise it nonviolently — *Time: 20 minutes*

Demonstrate in a circle, with staff and volunteers - solicit suggestions

Explain WHY we do the things we do, such as dog leashes
 People shouldn’t climb the trees: the “broken-record-that-smiles” technique (not common, but good for explain why we do things)
 Any time you act you can make things better or worse (refer back to Body Language)
 “Tweaker Jim” – unnamed people who mean no harm, but can disrupt things
 No double parking ... working with the Aggie Hosts
 Dogs must be on a leash, leashes must be in hands

Bathroom BREAK 10 minutes max. Bring oranges, tea

2:10 pm

Introductions II -- *Time: 2 minutes*

Under 18 years old? (Need waivers)

Our Authority & how we exercise it nonviolently (continued)— *Time: 1 hour*

Demonstrate in a circle, with staff and volunteers - solicit suggestions

Explain WHY we do the things we do
 We do not allow alcohol on campus: the “broken-record-that-smiles” technique, the “watching-you” technique, the calling of the cops
 Drug use and discouragement

The odor of marijuana, checking the area under the Redwoods, Prop 215
 Psychedelics and 1st-aid tent

Responding to nudity needs both judgment and control and compassion

Irate crafts vendors

"Pirate" musicians & crafts people - passing the hat, selling unauthorized, etc.

Make sure nobody steals things from the University

Cooperation with the Police and Aggie Hosts: their role picks up where we leave off

3:20 pm

Active Role-playing/Problem Solving — *Time: 25 minutes*

Start off with two or three people role-playing, especially non-WEF. Then try breaking the group in half, and have one half in a circle observing the other. Can also use Hassle Lines: *Demonstrate a hassle line with four staffers plus feedback and suggestions* using the conflict diffusing situation. (Have this well rehearsed). Show good method and not-so-good method.

— form two lines, facing each other. Describe the roles: one line is a Chaos Controller, the other plays the part of someone who would say the following:

“I wanna get backstage”

“Wow, man — want some???”

“What do I need pants for?”

Roommate or family situation.

After each encounter, stop or freeze the lines, observe any interesting positions, clump together & ask people what happened, what worked, and reform lines. Ask for suggestions on how to handle a situation.

Rotate one person from one end of one line to the other end of the *same* line, so that everyone matches up with a new partner. Let the line that were CC last time be the problem this time. Encourage creativity & sharing of insights. Step in & help, or hinder. Have fun!!!

GIVE AND GET FEEDBACK- While everyone is still standing, point out what happened (positive and negative). Feedback is given by the role-player to the C Cer. Point out that this was difficult but this is what we are about to learn. Critique each other. Questions?

One of the hardest things to do is to ask friends not to do something. Using the same approach as with strangers may not feel comfortable. You know these people – use that to your advantage, especially with humor and a smile (“You guys are just going to get me in trouble and close us down!” “I’m going to tell your older sister!” “Com’on you guys – don’t hassle me! I want to go home soon!”)

4:00 pm

Closing *Time 10 minutes*

Pass around the Sign Up sheet!

Thank them for caring enough to stay through the whole workshop, and that you are impressed with their commitment. Something sappy might be appropriate: “I’m looking at the future CC Directors, future staff, of the coming WEFs”

Evaluation, Closing Circle. (Walking/hugging exercise? Mingle game? Through the Rushes? Circle-sit game? Knot game? Friendship circle? Massage circle? If there is time!)